



# A Happier, Healthier Life with Epiq MD

Telemedicine and wellness programs can improve health outcomes for employees by:

- Improved access to healthcare, especially for those in remote or rural areas.
- Faster and more convenient care, leading to earlier detection and treatment of health issues.
- Increased employee engagement and satisfaction with their employer due to the provision of health and wellness benefits.
- Reduced healthcare costs for both employers and employees.
- Improved productivity and decreased absenteeism due to better health outcomes.
- Prevention and management of chronic diseases through Wellness Programs

## The latest research shows...

Employers who implemented telemedicine programs saw an average decrease of 8% in healthcare costs per employee

Employees who participated in a wellness program saw improvements in several areas, including blood pressure, cholesterol levels, and body mass index