



# The Cost of Chronic Disease

## The latest research shows...

- Chronic Diseases such as diabetes, hypertension, and heart disease cost U.S. Employers over \$500 billion in lost productivity every year.
- Chronic Diseases and conditions in the U.S. accounted for \$3.8 trillion of the Nations spending in 2020.
- Obesity alone costs U.S. Employers between \$160 billion and \$240 billion per year in healthcare costs and lost productivity.
- Employers spend an average \$1,500 more per year on healthcare for employees who are obese compared to those who are not.

## How Epiq MD Can Help Employers & Employees

### - Employers

- Research shows that wellness programs can yield significant returns on investment, with an average return of 327% for every dollar invested.
- Companies with wellness programs had 26% lower healthcare costs per employee than those without.
- 90% of businesses have reported improved performance and productivity after prioritizing employee wellness.

### - Employees

- 90% of U.S. workers said their job is more fulfilling when their Employer provides wellness benefits.
- 53% of workers said they would be more likely to stay with their current Employer if they offered a comprehensive wellness program.
- Employees in companies with wellness programs reported a 19% reduction in stress levels and a 16% improvement in overall health.



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